

Please write clearly in block capitals.

Centre number

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Candidate number

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Surname

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Forename(s)

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Candidate signature

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I declare this is my own work.

GCSE BIOLOGY

F

Foundation Tier

Paper 1F

Time allowed: 1 hour 45 minutes

Materials

For this paper you must have:

- a ruler
- a scientific calculator.

Instructions

- Use black ink or black ball-point pen.
- Pencil should only be used for drawing.
- Fill in the boxes at the top of this page.
- Answer **all** questions in the spaces provided.
- If you need extra space for your answer(s), use the lined pages at the end of this book. Write the question number against your answer(s).
- Do all rough work in this book. Cross through any work you do not want to be marked.
- In all calculations, show clearly how you work out your answer.

Information

- The maximum mark for this paper is 100.
- The marks for questions are shown in brackets.
- You are expected to use a calculator where appropriate.
- You are reminded of the need for good English and clear presentation in your answers.

For Examiner's Use	
Question	Mark
1	
2	
3	
4	
5	
6	
7	
8	
9	
TOTAL	



Answer **all** questions in the spaces provided.

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outside the
box

0 1

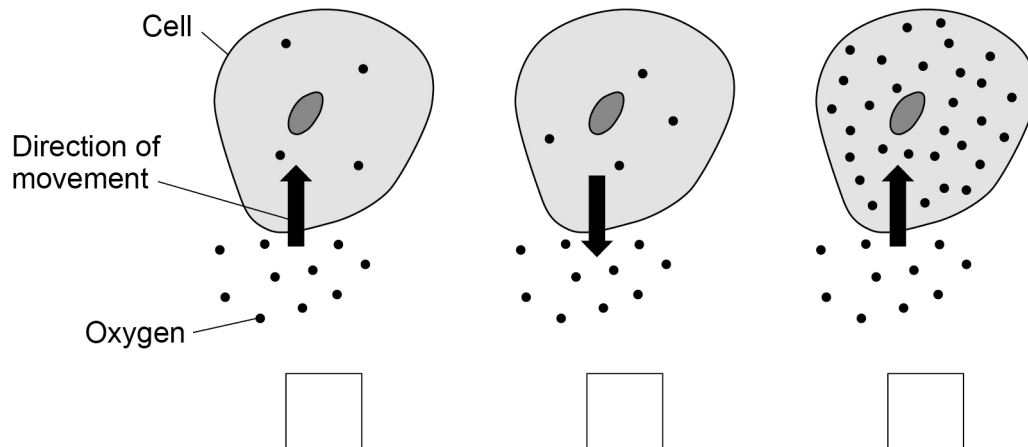
This question is about cells.

0 1 . 1

Which diagram shows oxygen moving by diffusion?

[1 mark]

Tick (✓) **one** box.



0 1 . 2

Complete the sentences.

[3 marks]

Choose answers from the box.

carbon dioxide	chlorophyll	energy
light	mineral ions	water

Plant cells absorb substances from the soil.

Plant cells use osmosis to absorb _____.

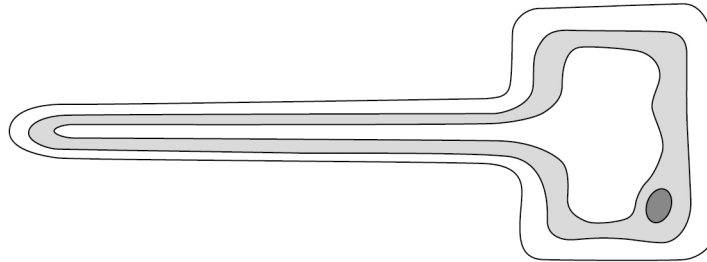
Plant cells use active transport to absorb _____.

Active transport moves substances against the concentration gradient and
needs _____.



Figure 1 shows a specialised cell that absorbs substances from the soil.

Figure 1



0 1 . 3 Name the type of specialised cell in **Figure 1**.

[1 mark]

0 1 . 4 Describe how the cell in **Figure 1** is adapted to increase the absorption of substances from the soil.

[1 mark]

Question 1 continues on the next page

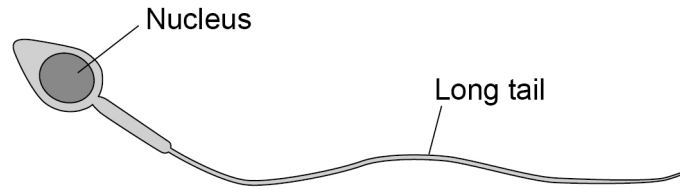
Turn over ►



A sperm cell is another specialised cell.

Figure 2 shows a sperm cell.

Figure 2



0 1 . 5

Draw **one** line from each feature to how the feature helps the sperm cell carry out its function.

[2 marks]

Feature of sperm cell

How the feature helps

Contains a nucleus

To break the outer layer of the egg

To help the cell to swim to the egg

Has a long tail

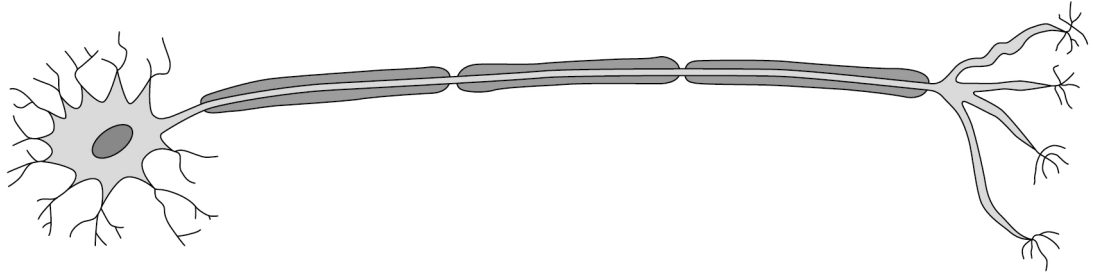
To provide the chromosomes for fertilisation

To release energy



Figure 3 shows another specialised cell.

Figure 3



0 1 . 6 Name the type of cell in **Figure 3**.

Describe **one** feature of the cell that helps it to carry out its function.

[2 marks]

Name of the cell _____

Feature of the cell _____

10

Turn over for the next question

Turn over ►



0 2

Viruses cause disease.

0 2 . 1

What name is given to microorganisms that cause disease?

[1 mark]Tick (✓) **one** box.

Pathogens

☐

Predators

☐

Prokaryotes

☐**0 2 . 2**

How do viruses cause the symptoms of disease?

[1 mark]Tick (✓) **one** box.

Viruses engulf white blood cells, destroying them.

☐

Viruses produce antibodies that damage tissues.

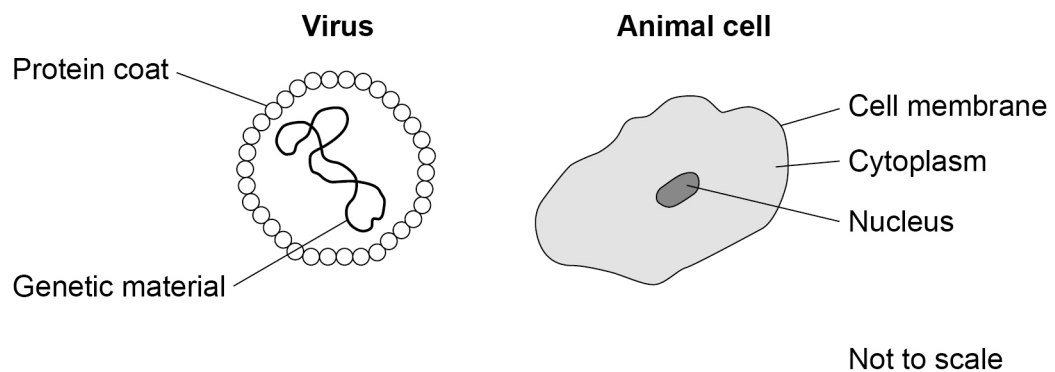
☐

Viruses reproduce inside cells, damaging them.

☐

Figure 4 shows a virus and an animal cell.

Figure 4



0 2 . 3 Suggest **one** reason why viruses are **not** classed as cells.

[1 mark]

A vaccine can protect humans from a viral disease.

0 2 . 4 What does the vaccine contain?

[1 mark]

Tick (✓) **one** box.

A toxic form of a virus

☐

A weakened form of a virus

☐

An active form of a virus

☐

Question 2 continues on the next page

Turn over ►



In some cases, a first vaccination needs to be followed by a second vaccination some time later.

0 2 . 5

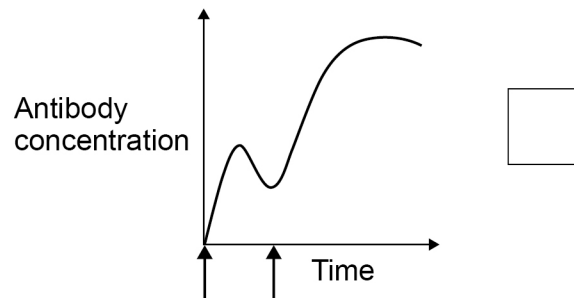
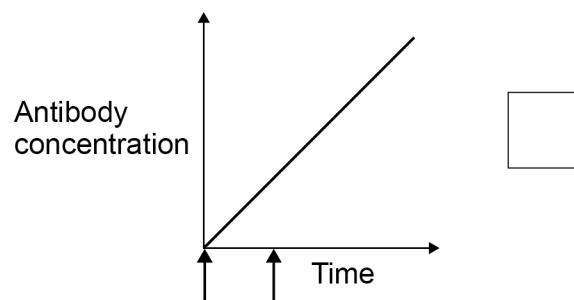
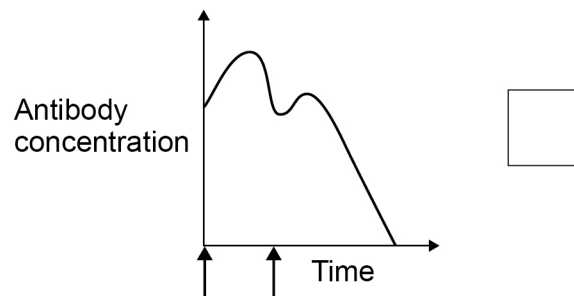
Which graph shows how the concentration of antibodies in a person's blood changes after the first and second vaccinations?

[1 mark]

Tick (✓) **one** box.

Key

↑ Vaccination
given



Tobacco mosaic virus (TMV) causes disease in plants.

TMV affects the rate of photosynthesis in plants.

0 2 . 6 Which part of a plant shows discolouration caused by TMV?

[1 mark]

Tick (✓) **one** box.

Flower

☐

Leaf

☐

Root

☐

Question 2 continues on the next page

Turn over ►



Table 1 shows the rate of photosynthesis in four different tobacco plants.

Table 1

Tobacco plant	Level of TMV infection in plant	Rate of photosynthesis in arbitrary units
A	None	15
B	Mild	13
C	Medium	7
D	High	3

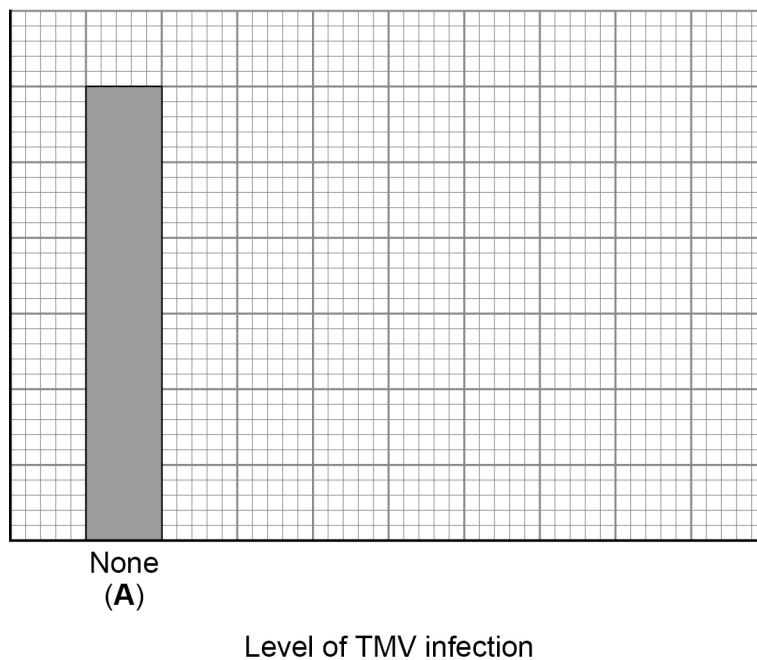
0 2 . 7 Complete **Figure 5**.

You should:

- label the y-axis
- add the correct scale to the y-axis
- plot the data from **Table 1**
- label each bar.

[5 marks]

Figure 5



0 2 . 8

What conclusion can be made from the data in **Table 1**?**[1 mark]**

0 2 . 9

Explain why a high level of TMV infection reduces growth in a plant.

[2 marks]

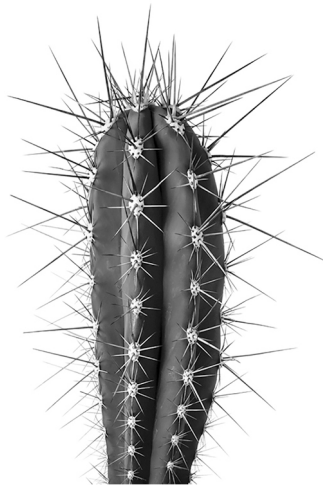
14**Turn over for the next question****Turn over ►**

0 3

A cactus is a plant that lives in a dry environment.

Figure 6 shows part of a cactus plant.

Figure 6

**0 3 . 1**

Give **one** adaptation shown in **Figure 6** that helps to prevent the cactus from being eaten by animals.

[1 mark]

0 3 . 2

A plant may produce poisons that make animals unwell.

What is this type of defence mechanism?

[1 mark]

Tick (✓) **one** box.

Chemical

☐

Mechanical

☐

Physical

☐

0 3 . 3 Some desert plants only grow leaves after it has rained.

As soon as the soil dries out, the leaves fall off.

How could the leaves falling off the plant be an advantage to a plant that lives in a dry environment?

[1 mark]

Tick (✓) **one** box.

The plant is less likely to reproduce.

☐

The plant will not lose as much water.

☐

The plant will photosynthesise faster.

☐

The stem of a cactus is green.

0 3 . 4 What causes the green colour in the stem?

[1 mark]

0 3 . 5 What is the advantage to the cactus of having a green stem?

[1 mark]

Question 3 continues on the next page

Turn over ►



The stem of a cactus contains many different tissues.

0 3 . 6 What name is given to a group of tissues working together?

[1 mark]

Tick (✓) **one** box.

Organ

☐

Organism

☐

Organ system

☐

0 3 . 7 Name **one** substance transported through the xylem in the stem of the cactus.

[1 mark]

0 3 . 8 Name the tissue that transports dissolved sugars through the stem of the cactus.

[1 mark]

8



0 4

Carbohydrates are needed as part of a balanced diet.

0 4 . 1

Which formula shows glucose?

[1 mark]Tick (✓) **one** box. $C_6H_{12}O_6$ ☐ CO_2 ☐ H_2O ☐ O_2 ☐**0 4 . 2**

Which type of enzyme breaks down starch?

[1 mark]Tick (✓) **one** box.

Carbohydrase

☐

Lipase

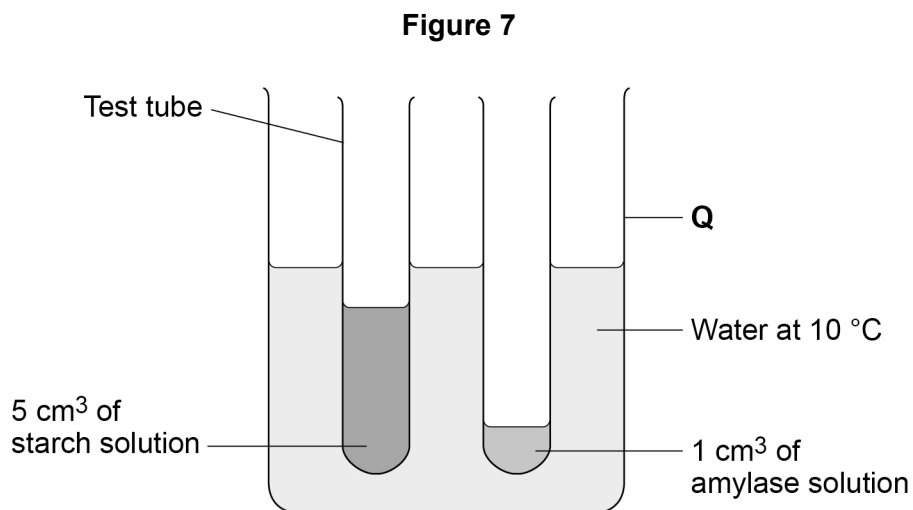
☐

Protease

☐**Question 4 continues on the next page****Turn over ►**

A student investigated the effect of temperature on the activity of the enzyme amylase.

Figure 7 shows the apparatus used.



This is the method used.

1. Set up the apparatus as shown in **Figure 7**.
2. After 5 minutes, pour the starch solution into the amylase solution and mix.
3. Remove one drop of the amylase-starch solution mixture and place onto a spotting tile.
4. Immediately add two drops of iodine solution to the amylase-starch solution mixture on the spotting tile.
5. Record the colour of the iodine solution added to the amylase-starch solution mixture.
6. Repeat steps 3 to 5 every minute until the iodine solution is yellow-brown.

0 4 . 3

Name apparatus **Q** in **Figure 7**.

[1 mark]



0 4 . 4

Why were the starch solution and the amylase solution left for five minutes before mixing them together?

[1 mark]

Tick (✓) **one** box.

So that both solutions could reach 10 °C

☐

So that the student could calculate a mean

☐

So that the student could repeat the investigation

☐

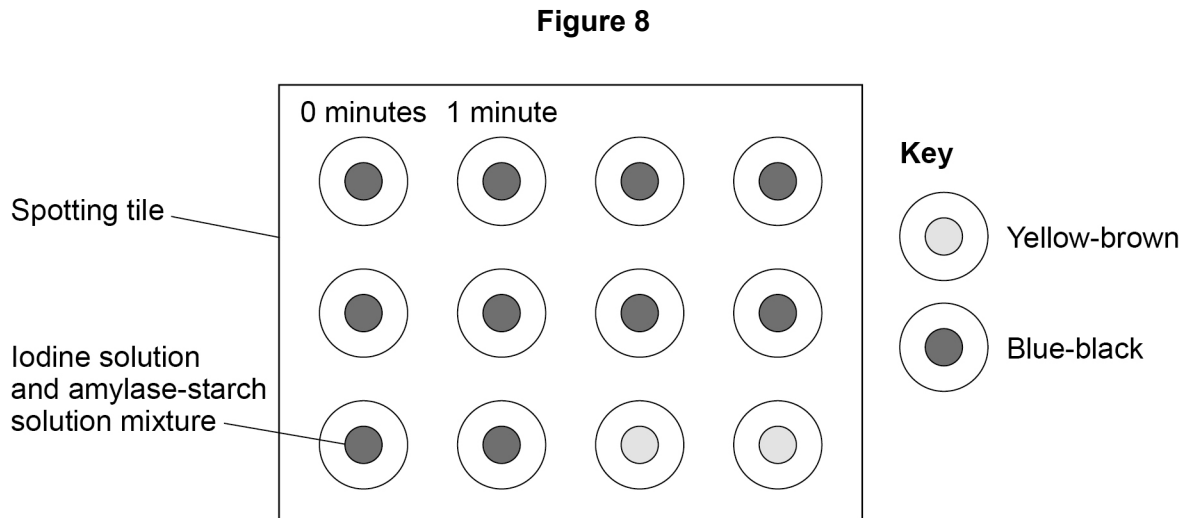
So that the student had time to draw a table of results

☐

Question 4 continues on the next page

Turn over ►

Figure 8 shows the results.



0 4 . 5 How many minutes did it take until the iodine solution and amylase-starch solution mixture was yellow-brown?

Use **Figure 8**.

[1 mark]

_____ minutes

0 4 . 6 How could a more accurate time be obtained?

[1 mark]

Tick (✓) **one** box.

Add more iodine solution to the spotting tile.

☐

Test the mixture with iodine solution every 30 seconds.

☐

Test the mixture with iodine solution for more time.

☐

Use two drops of amylase-starch solution mixture in each test.

☐


The student repeated the investigation at five different temperatures.

Table 2 shows the results.

Table 2

Temperature in °C	Time taken until iodine solution and mixture was yellow-brown in minutes
20	5
35	2
50	7
65	12
80	Remained blue-black

0 4 . 7 Which temperature did the enzyme work quickest at?

[1 mark]

Tick (✓) **one** box.

20 °C

☐

35 °C

☐

50 °C

☐

65 °C

☐

0 4 . 8 Explain why the iodine solution remained blue-black in the investigation at 80 °C.

[2 marks]

Turn over ►



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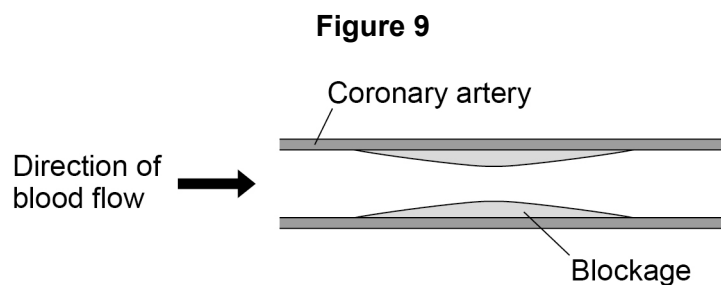


0 5

A high cholesterol concentration in the blood can lead to blockages inside arteries.

The coronary arteries supply blood to the heart muscle.

Figure 9 shows a coronary artery with a blockage.



0 5

1

Why could the blockage in **Figure 9** cause cells in the heart to die?

[2 marks]

Question 5 continues on the next page

Turn over ►



Doctors can measure the concentration of cholesterol in the blood.

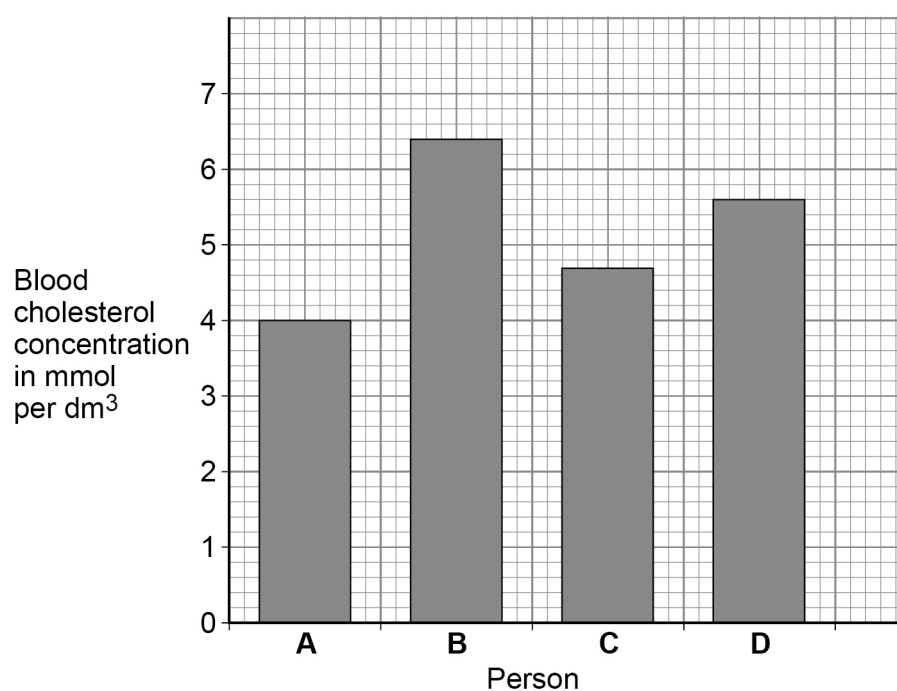
Table 3 shows four different blood cholesterol categories.

Table 3

Blood cholesterol concentration in mmol per dm ³	Cholesterol category
<4.6	Low
4.6–5.0	Normal
5.1–6.1	Medium
6.2 and above	High

Figure 10 shows the blood cholesterol concentration of four people.

Figure 10



0 5 . 2

Which person is in the medium cholesterol category?

[1 mark]Tick (✓) **one** box.**A**☐**B**☐**C**☐**D**☐**0 5 . 3**

Which person is most at risk of having a heart attack?

[1 mark]Tick (✓) **one** box.**A**☐**B**☐**C**☐**D**☐**0 5 . 4**Give a reason for your answer to Question **05.3**.**[1 mark]**

0 5 . 5The blood cholesterol concentration of person **D** is greater than the blood cholesterol concentration of person **A**.

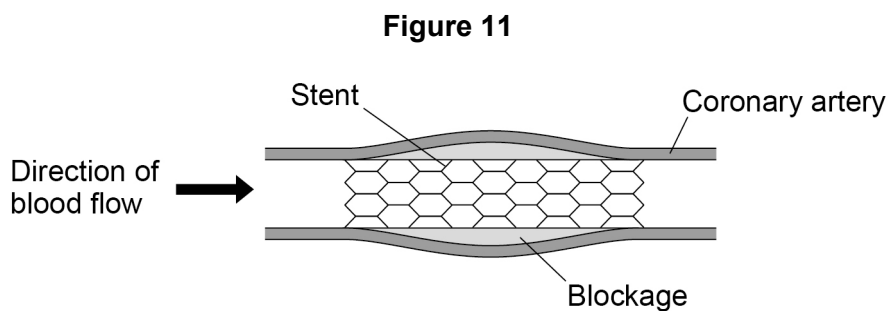
Calculate how many times greater.

Use **Figure 10**.**[2 marks]**

Number of times greater =

Question 5 continues on the next page**Turn over ►**

Figure 11 shows how a stent can be used to treat a person with a blockage in a coronary artery.



0 5 . 6

Explain how a stent works as a treatment for a person with a blockage in a coronary artery.

[2 marks]

Patients are given anti-clotting drugs after they have a stent fitted.

The drugs help to prevent clots forming in the blood.

0 5 . 7

Which part of the blood starts the blood clotting process?

[1 mark]

Tick (✓) **one** box.

Antibodies

☐

Plasma

☐

Platelets

☐

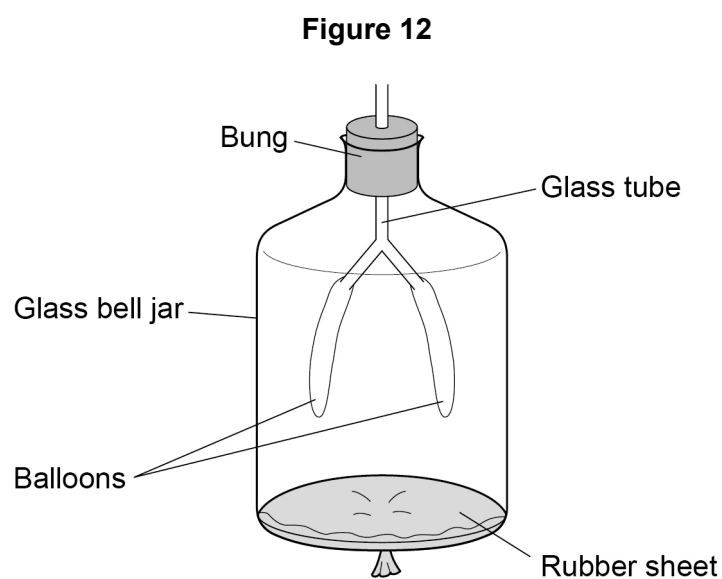
Red blood cells

☐


[illegible]

0 6

Figure 12 shows a model used to demonstrate human breathing.



0 6 . 1

Which part of the breathing system is represented by the glass tube?

[1 mark]

Tick (✓) **one** box.

Alveoli

☐

Capillaries

☐

Lung

☐

Trachea

☐


The model in **Figure 12** represents the human breathing system.

A teacher said:

“The model does **not** represent the human breathing system very well.”

0 6 . 2

Give **two** reasons why the teacher is correct.

[2 marks]

1 _____

2 _____

Question 6 continues on the next page

Turn over ►



A scientist investigated the effect of exercise on breathing rate.

This is the method used.

1. Record the breathing rates of 10 male non-smokers at rest.
2. Tell each man to run on a treadmill at the same speed for 8 minutes.
3. Record the breathing rate of each man every 2 minutes.
4. Continue to record the breathing rate of each man for 4 minutes after he stops running.

0 6 . 3

Give **two** variables the scientist controlled in the investigation.

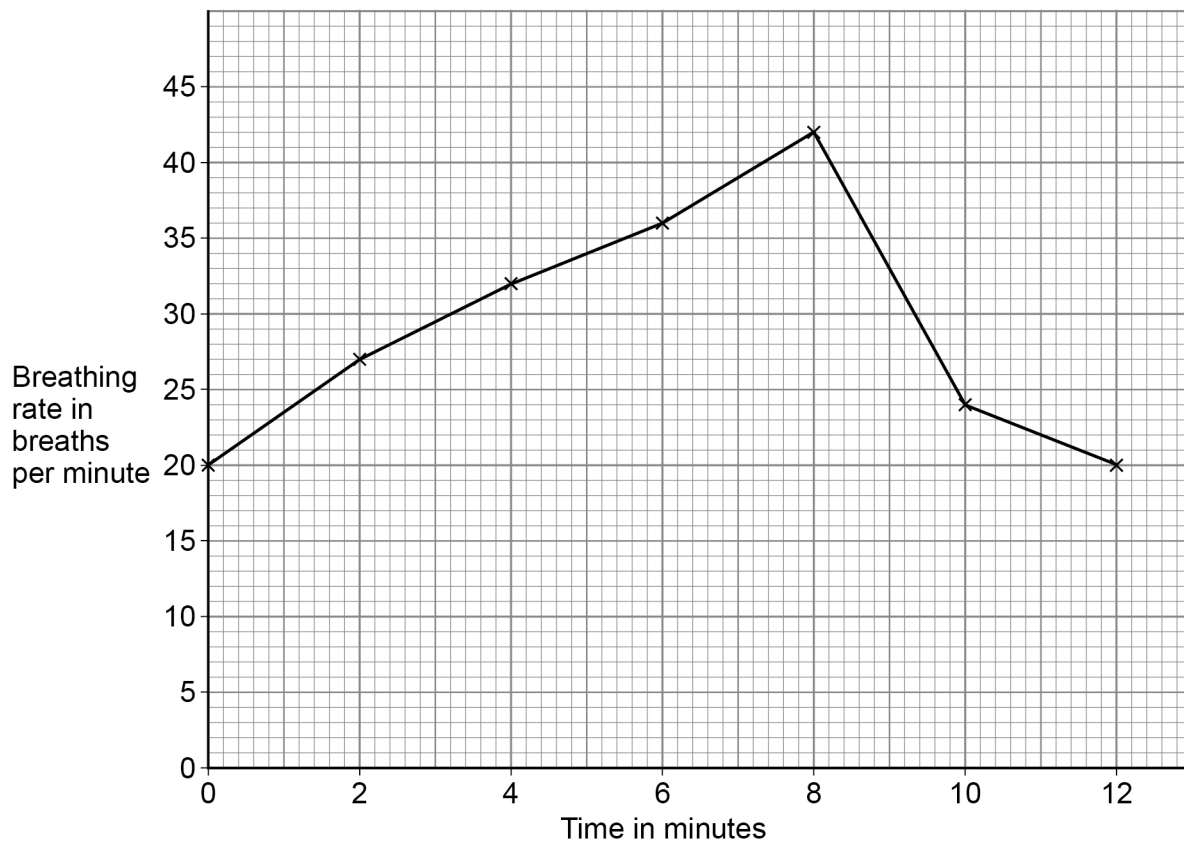
[2 marks]

1 _____

2 _____

Figure 13 shows the data collected from **one** of the men.

Figure 13



0 6 . 4

Calculate the percentage increase in the man's breathing rate between 0 minutes and 8 minutes.

[3 marks]

Use the equation:

$$\text{percentage increase} = \frac{(\text{breathing rate at 8 minutes} - \text{breathing rate at 0 minutes})}{\text{breathing rate at 0 minutes}} \times 100$$

Percentage increase = _____ %

0 6 . 5

Explain why the man's breathing rate increased when he was running.

[2 marks]

Question 6 continues on the next page

Turn over ►



06.6

Give **one** measurement that could be taken to show a different effect of exercise on the body.

Do **not** refer to breathing rate in your answer.

[1 mark]

06.7

The men in the investigation were all non-smokers.

Give **one** effect that smoking can have on the body.

[1 mark]

12



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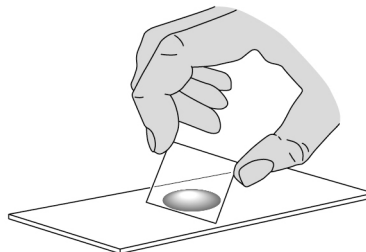


0	7
---	---

A student prepared some animal cells to view using a microscope.

Figure 14 shows the student preparing the cells.

Figure 14



0	7	.	1
---	---	---	---

Name **two** pieces of laboratory equipment the student could have used to **prepare** cells to view using a microscope.

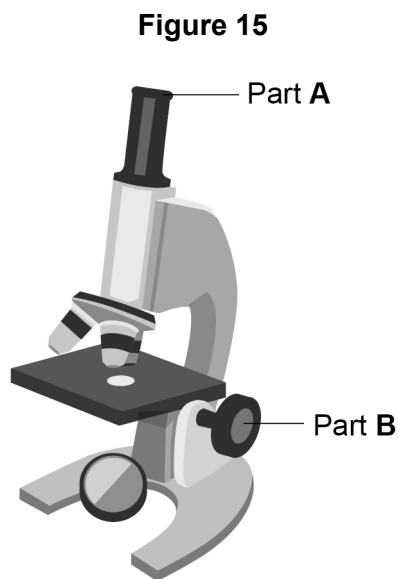
[2 marks]

1 _____

2 _____



Figure 15 shows the student's light microscope.



0 7 . 2

Name part **A**.

[1 mark]

0 7 . 3

What is the function of part **B**?

[1 mark]

0 7 . 4

The student tried to look at the cells using the microscope.

Suggest **one** reason why the student could **not** see any cells when looking through part **A**.

[1 mark]

Question 7 continues on the next page

Turn over ►



[6 marks]

[illegible]

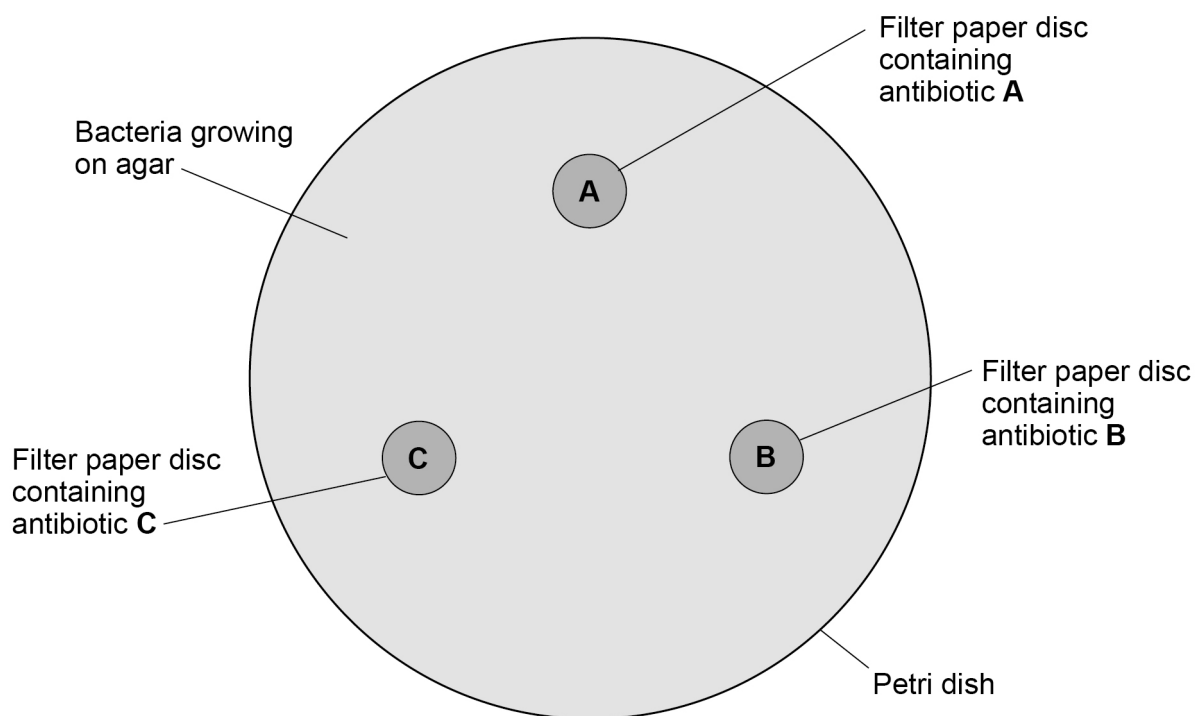
[2 marks]

0 8

A student investigated the effectiveness of three different antibiotics.

Figure 16 shows how the student set up an agar plate.

Figure 16



The student used aseptic techniques to make sure that only one type of bacterium was growing on the agar.

0 8

1

Describe **two** aseptic techniques the student should have used.

[2 marks]

1 _____

2 _____

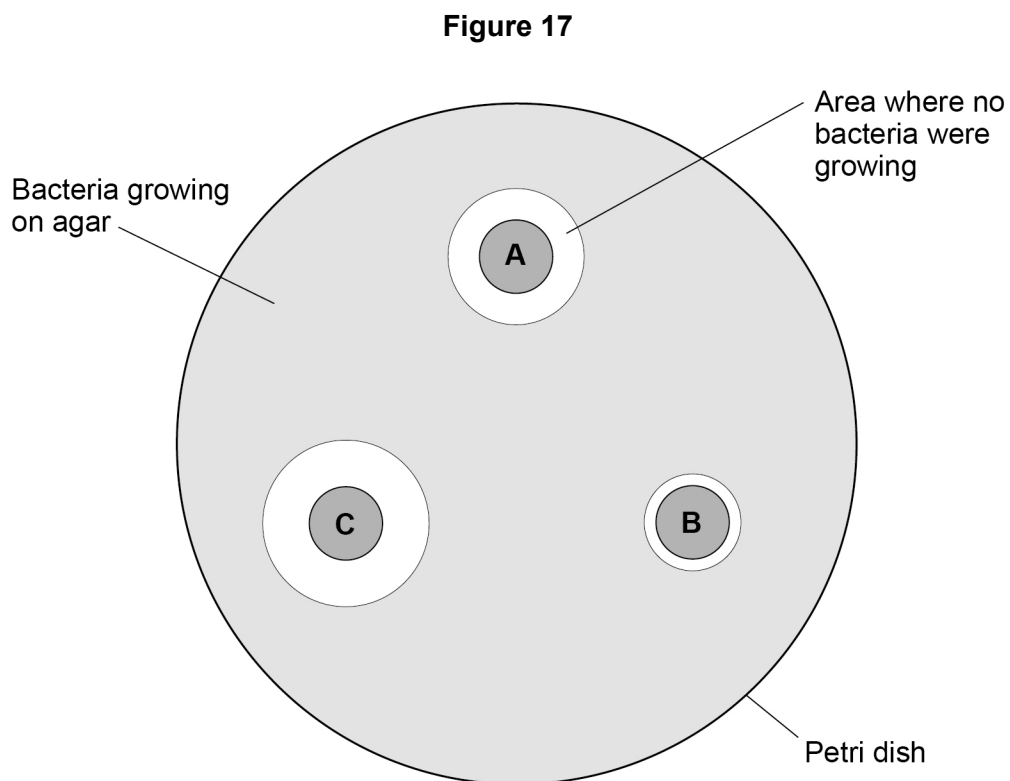
Question 8 continues on the next page

Turn over ►



The student placed the agar plate in an incubator at 25 °C for 48 hours.

Figure 17 shows the agar plate after 48 hours.



0 8 . 2 Which antibiotic is the **least** effective?

Give a reason for your answer.

[1 mark]

Least effective antibiotic _____

Reason _____



0 8 . 3

Calculate the area where no bacteria were growing for antibiotic C.

Use $\pi = 3.14$

Give the unit.

[5 marks]

Area = _____ Unit _____

0 8 . 4

Suggest **one** way the student could improve the investigation.

[1 mark]

9

Turn over for the next question

Turn over ►



0 9

Body Mass Index (BMI) is a way of finding out if a person's body mass falls within a healthy range for their height.

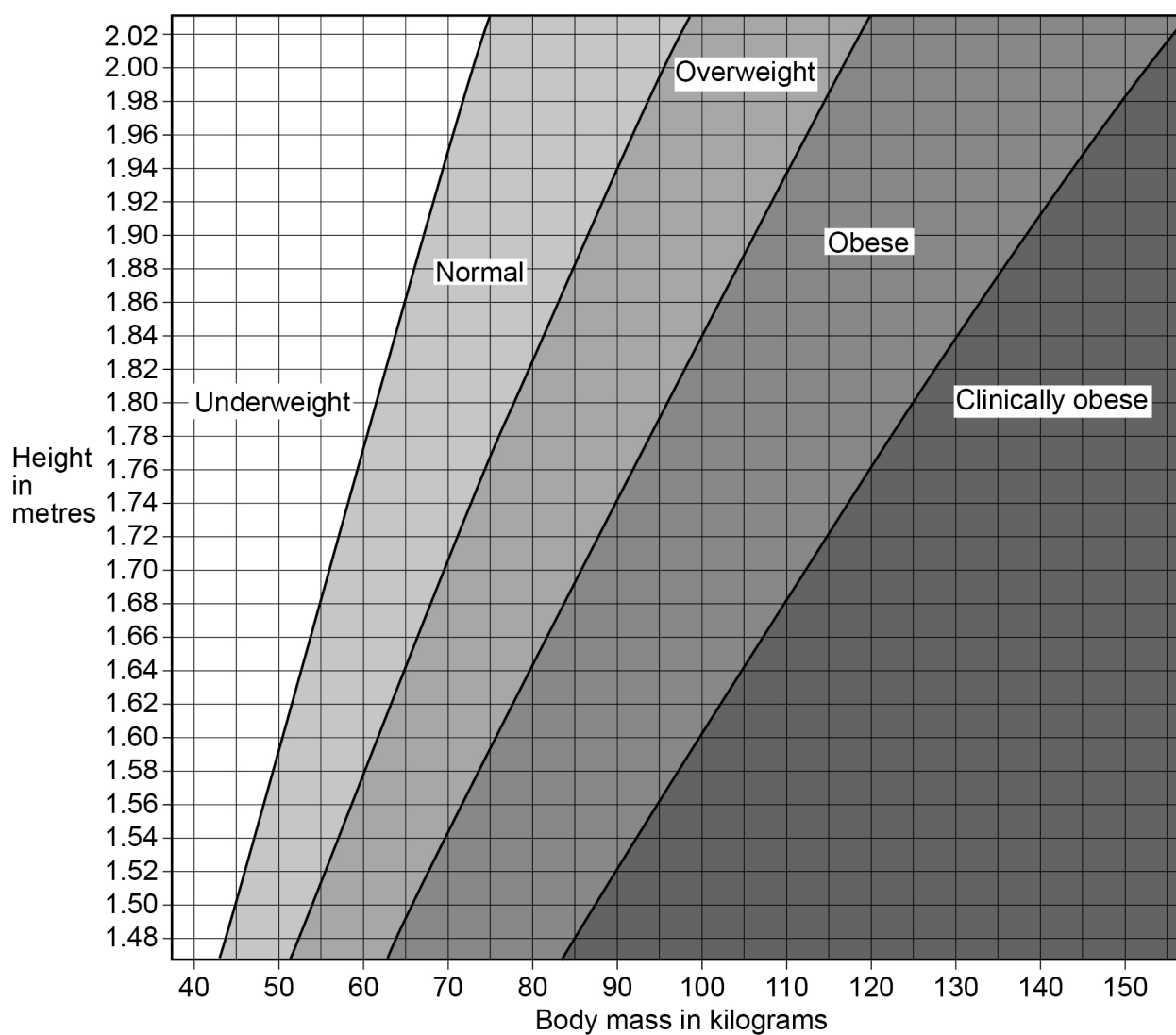
Table 4 shows information about two people.

Table 4

Person	Body mass in kg	Height in m	BMI in kg/m ²
A	63	1.65	23.1
B	92	1.71	X

Figure 18 shows five BMI categories for adults.

Figure 18



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0 9 . 1

Which is the BMI category of person **A** in **Table 4**?

[1 mark]

Tick (✓) **one** box.

Clinically obese

☐

Normal

☐

Obese

☐

Overweight

☐

Underweight

☐

0 9 . 2

Calculate value **X** in **Table 4**.

Use the equation:

$$\text{BMI} = \frac{\text{body mass}}{\text{height}^2}$$

Give your answer to 3 significant figures.

[3 marks]

X = _____ kg/m²

Question 9 continues on the next page

Turn over ►



Scientists think there is a link between BMI and life expectancy.

Table 5 shows information about predicted life expectancy of men after the age of 50.

Table 5

BMI Category	Predicted number of years living in good health after the age of 50	Predicted number of years living in bad health after the age of 50
Normal	19.06	4.98
Overweight	18.68	5.32
Obese	16.37	7.08
Clinically obese	13.07	10.10

0 9 . 3

Describe **two** patterns shown in **Table 5** about the effects of BMI category.

[2 marks]

1 _____

2 _____



The number of people who are obese in the UK is increasing.

0 9 . 4

Explain the financial impact on the UK economy of an increasing number of people who are obese.

[2 marks]

0 9 . 5

A person who is obese is more at risk of arthritis.

Arthritis is a condition that damages joints.

Suggest how arthritis could affect a person's lifestyle.

[1 mark]

0 9 . 6

A person who eats a diet high in saturated fat might become obese.

Name **two** health conditions that might develop if a person eats a diet high in saturated fat.

Do **not** refer to arthritis in your answer.

[2 marks]

1

2

11

END OF QUESTIONS



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